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Working from Canada on or off H-1B

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Submitted by Chief Editor on Jul 28th 2020

Questions, 1. Can I stay in Vancouver while I commute to Seattle for work once a month for a day? Is there any restriction on the amount of time I need to spend inside the US on H1B? Is there any restriction to how frequently I can go in/out of the US on H1B?

2. Since my work location would be changing to Seattle from California for me to be able to do this. I am suspecting my PERM will need to be refiled. But given that my H1B is expiring next year and the PERM, I140 process takes almost 1-1.5 years. Can my current company use an older existing approved I-140 petition to help me get my H1B Visa extended? My older I-140 had been approved for more than an year before I left the employer.

3. Will doing this have any impact on my H1B Renewal? I would need to go for re-stamping next year in September.

ANSWER:

[Watch the Video on this FAQ:](#) ^[2]

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Video Transcript

1. Sure and there are no restrictions on time.
2. No, not really. Depends on how the PERM was filed. You should talk to your lawyers. Regarding I-140 yes of course as long as at least one day of that approval period was on or after January 17, 2017.
3. No impact on your H-1B renewal.

[FAQ in detail...](#) ^[2]

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FAQ Transcript:

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Unless the context shows otherwise, all answers here were provided by [Rajiv](#) [8] and were compiled and reported by our editorial team from comments and blog on [immigration.com](#) [9]

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[1] <https://immigration.com/faq/form-i-140-perm-labor-certification/working-canada-or-h-1b>

[2] https://youtu.be/wF35SSh_pPY?t=814

[3] <https://immigration.com/visa/nonimmigrant-visas/h-visa/h-1-visa>

[4] <https://immigration.com/visa/nonimmigrant-visas/general-nonimmigrant-visa>

[5] <https://immigration.com/greencard/green-card/form-i-140>

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